

# 112 年健康促進學校線上增能研討會及研習活動計畫書

## 壹、依據

「112 學年度健康促進學校輔導計畫」辦理。

## 貳、辦理目的

教育部國民及學前教育署與縣市政府及學校積極推動健康促進學校，在學校場域推動各項健康促進議題，為強化學校親師生健康素養專業知能，邀請澳洲學者 Rosie Nash 教授及 Shandell Elmer 教授介紹澳洲推動健康促進學校增進健康素養策略，以提升縣市政府人員及學校人員推動健康促進學校之專業能力。

## 參、辦理單位

- 一、主辦單位：教育部國民及學前教育署
- 二、承辦單位：國立臺灣師範大學

## 肆、辦理日期

採用線上活動方式進行，使用 webex 軟體。

- 會議日期：112 年 11 月 6 日(星期一) 13:30-17:00

會議連結：<https://ntnu.webex.com/ntnu/j.php?MTID=m8c9ed40a6b626628e886b139cc5fbf85>

會議密碼：ZTw5ivKEY54

## 伍、參與方式

活動均採線上辦理(webex 軟體)，請參與者於活動當天點進該場次連結即可加入會議，活動上限人數為 1,000 人，額滿為止(詳細會議議程請見附件)。

## 陸、參與對象

- 一、全國 22 縣市政府教育局(處)人員。
- 二、全國 22 縣市健康促進學校總召、中心及種子學校人員。
- 三、健康促進學校輔導委員。
- 四、學校相關承辦人員、對健康促進學校推動有興趣之學校人員。

## 捌、其他

- 一、本訓練未盡事宜，由主辦與承辦單位另行函告或補充之。
- 二、聯絡人：江育玟助理或簡于心助理 連絡電話：(02) 7749-1879、(02) 7749-1710

# 【附件一】112 學年度健康促進學校線上增能研習活動 議程

## 一、 研習活動

(一) 日期：112 年 11 月 6 日(星期一)

(二) 時間：13:30-15:10

(三) 主題：HealthLit4Kids program

(四) 會議連結：<https://ntnu.webex.com/ntnu/j.php?MTID=m8c9ed40a6b626628e886b139cc5fbf85>

會議密碼：ZTw5ivKEY54

時間	活動內容	主持人/主講人
13:30-14:05	HealthLit4Kids program	講者：Rosie Nash 教授 Shandell Elmer 教授 翻譯：林雅恩 營養師
14:05-14:40		
14:40-15:00	專家評論	主持人：張鳳琴 教授 評論人： 王英偉 署長 陳富莉 教授 紀雪雲 教授
15:00-15:10	QA	主持人：張鳳琴 教授

註：本日程表得視當日實際情況酌予調整

## 【附件二】師資陣容-主講人簡介

### **Professor Rosie Nash**

- Senior Lecturer in School of Public Health
- Chief Investigator, Health Literacy & Equity Research Group



### **Introduction**

Dr Nash has been employed at UTAS since 2004. Dr Nash graduated from her PhD in June 2016. She commenced her academic career as an Associate Lecturer in Pharmacy Practice from 2004-2012. During this time she continued her pharmacy practice in order to provide her students with authentic case studies to support their learning. Following the submission of her PhD “bringing students to their profession and the profession through the competency standards”, she worked as a casual Public Health Lecturer for approx. 3 days/week for 6months. She was then successful in her application and awarded a full time (1FTE) position as Public Health Lecturer (February 2017). Dr Nash has worked for approximately 7 years (full time) as a Public Health Lecturer in Postgraduate Medicine. Dr Nash was promoted to Senior Lecturer, July 2021. Dr Nash has received two Vice Chancellor’s Teaching Excellence Awards and multiple learning and teaching commendations. Dr Nash is an outstanding academic dedicated to improving the health outcomes of all Tasmanians. Tasmanians have some of the worst health literacy, educational attainment and health outcomes nationally. At the local level, she’s having a tangible impact on health and wellbeing, helping children and their families to make better health choices. Dr Nash’s program HealthLit4Kids has had global impact, being cited multiple times by the World Health Organisation (WHO) as an exemplar of how to improve health literacy and health outcomes. As a registered Pharmacist and Senior Lecturer in Public Health at the University of Tasmania, Dr Nash is also Australia’s foremost researcher in children’s health literacy and health policy, and has been recognised internationally as a health literacy expert. Dr Nash recently returned from a Churchill Fellowship, meeting with experts in 8 countries, presenting to over 485 people including senior government executives, national associations, practitioners and policy makers. Dr Nash is also the founding CEO of Healthlit4Everyone, a social enterprise focused on developing health literacy to build healthier communities.

## Professor Shandell Elmer

- Associate Professor in School of Nursing
- Leader, Health Literacy & Equity Research Unit



### **Introduction**

Associate Professor Elmer has a diverse work history in the health care and community sectors, as well as academia. As a registered nurse she has clinical experience in oncology and community health, as well as health administration (disability and aged care programs). Shandell has worked within the general practice and primary care settings. Her clinical experience informs her research and teaching, ensuring it is current and relevant to industry and community needs.

Shandell has amassed extensive experience in the areas of quality improvement and health service design and evaluation. She has led accreditation and quality improvement reviews of community-based organisations in a variety of settings in Australia. This experience informs her work in the development of tools and processes to support contextually relevant organisational health literacy responsiveness such as the HeLLOTas Toolkit for community services, mental health literacy responsiveness and schools.

As an academic, Shandell has been recognised for her teaching excellence and led the development of curriculum, coordinated large cohorts of students (800+) across multiple campuses and managed a several teaching staff.

She has successfully led large and small-scale research and evaluation projects. Her research is characterised by its focus on practical, real-world challenges within health systems. Her approach ensures strong stakeholder engagement, effective community co-design and teamwork. A strong advocate for primary health care, Shandell has established a research track record that centres on helping community and health service providers to identify and respond to health literacy needs and support equitable access to healthcare. Together with Dr Nash, Shandell co-founded HealthLit4Kids and is a director of HealthLit4Everyone.

Associate Professor Elmer has recently returned to the School of Nursing, University of Tasmania after spending four years working with Professor Richard Osborne at the Centre for Global Health and Equity, Swinburne University of Technology, Melbourne. During this time Shandell honed her health literacy expertise working on projects for the World Health Organization (including preparation of the Health Literacy Development for the Prevention and Control of NCDs report). During this time Shandell also applied the Ophelia (Optimising Health Literacy and Access) process in projects for population groups more likely to experience vulnerability and disadvantage such as former refugees, people living in public/social housing and people living with cancer in rural areas, and people with a lived experience of mental health issues.

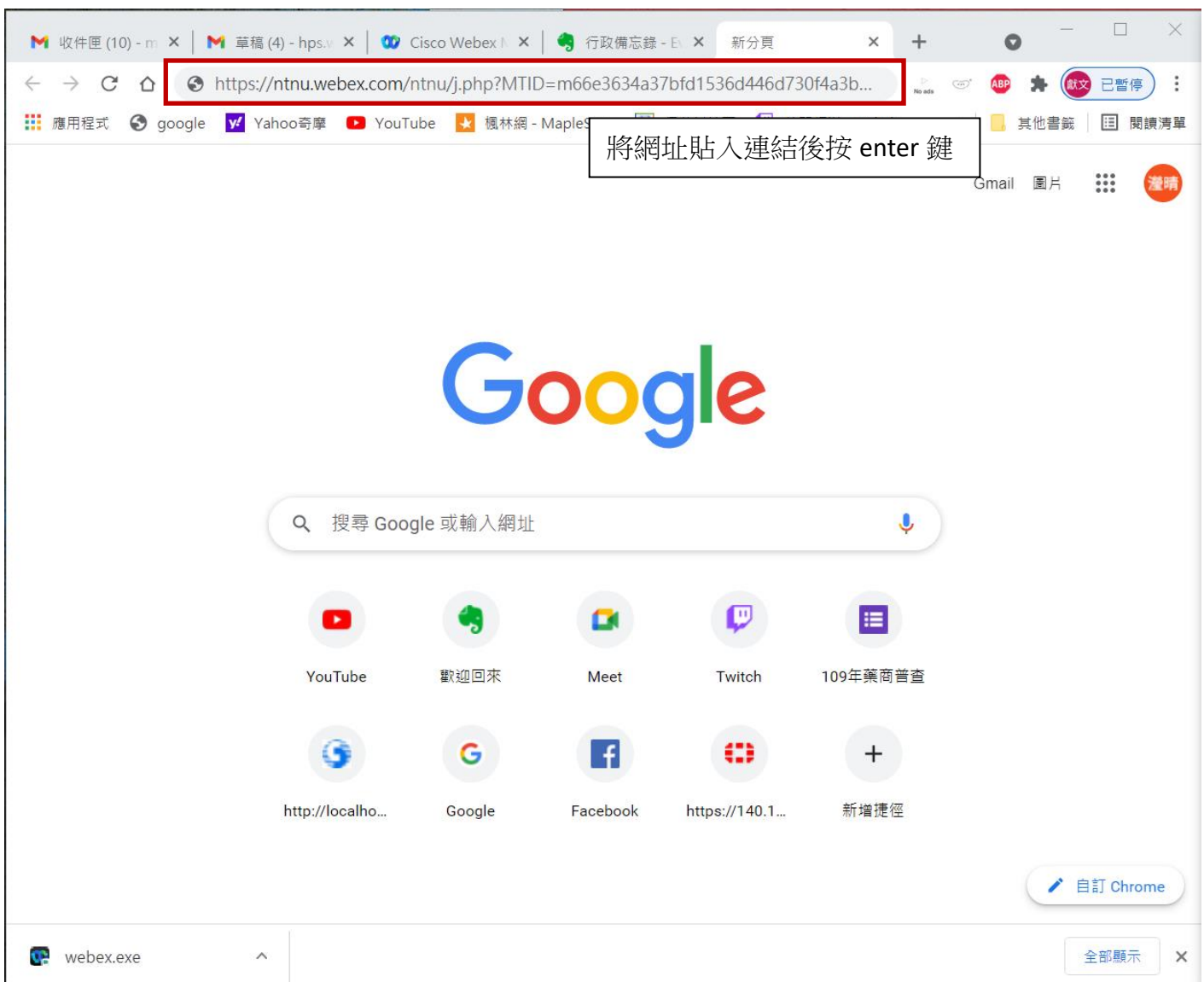
## 【附件三】Webex 線上會議軟體登入方式

### ■ Step.1 複製會議連結貼上瀏覽器中

• 112 年 11 月 6 日(星期一) 14:00-16:00

(五) 會議連結：<https://ntnu.webex.com/ntnu/j.php?MTID=m8c9ed40a6b626628e886b139cc5fbf85>

會議密碼：ZTw5ivKEY54



■ Step.2 連結至 webex 網頁後，先點選 1.【取消】，再點選 2.【從您的瀏覽器加入】

The screenshot shows a web browser window with the URL `ntnu.webex.com/wbxmjs/joinservice/sites/ntnu/meeting/download/860f332732f6413088ffa154b6a3bd90?siteurl=ntnu&MTI`. The page header includes the "webex by CISCO" logo. A security warning dialog box is displayed in the center, asking "要開啟「Webex」嗎?" (Do you want to open Webex?). It provides the URL `https://ntnu.webex.com` and offers an option to "一律允許 ntnu.webex.com 使用相關聯的應用程式開啟這類連結" (Always allow ntnu.webex.com to use related apps to open these types of links). Two buttons are visible: "開啟「Webex」" (Open Webex) and "取消" (Cancel). A red box highlights the "取消" button, with a red "1" next to it. Below the dialog box, the main content area says "正在開始您的會議..." (Starting your meeting...) and "按一下瀏覽器訊息中的開啟 Webex。" (Click Open Webex in the browser message.). Below this, the word "或" (or) is centered. At the bottom, a red box highlights the text "從您的瀏覽器加入。" (Join from your browser.), with a red "2" next to it.

### ■ Step.3 輸入姓名及信箱後按下一步

6月24日：校園因應新冠肺炎疫情的實證研究Covid-19: What does...

早上 8:00 - 下午 1:00 (UTC+08:00)

輸入您的資訊



姓名  
王大明

電子郵件地址  
DAMINGWANG@gmail.com

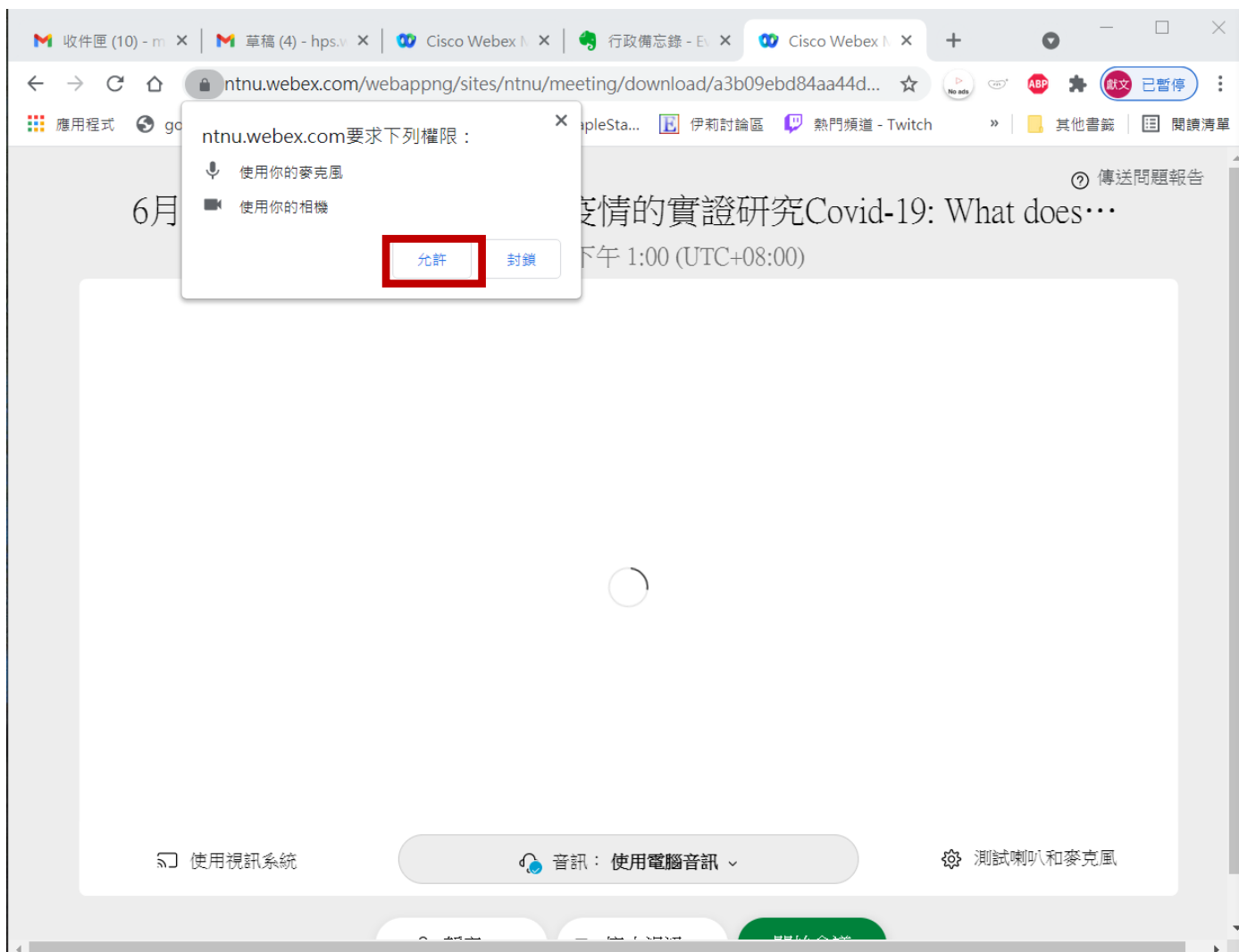
下一步

已經有帳戶? [登入](#)

更多登入方式

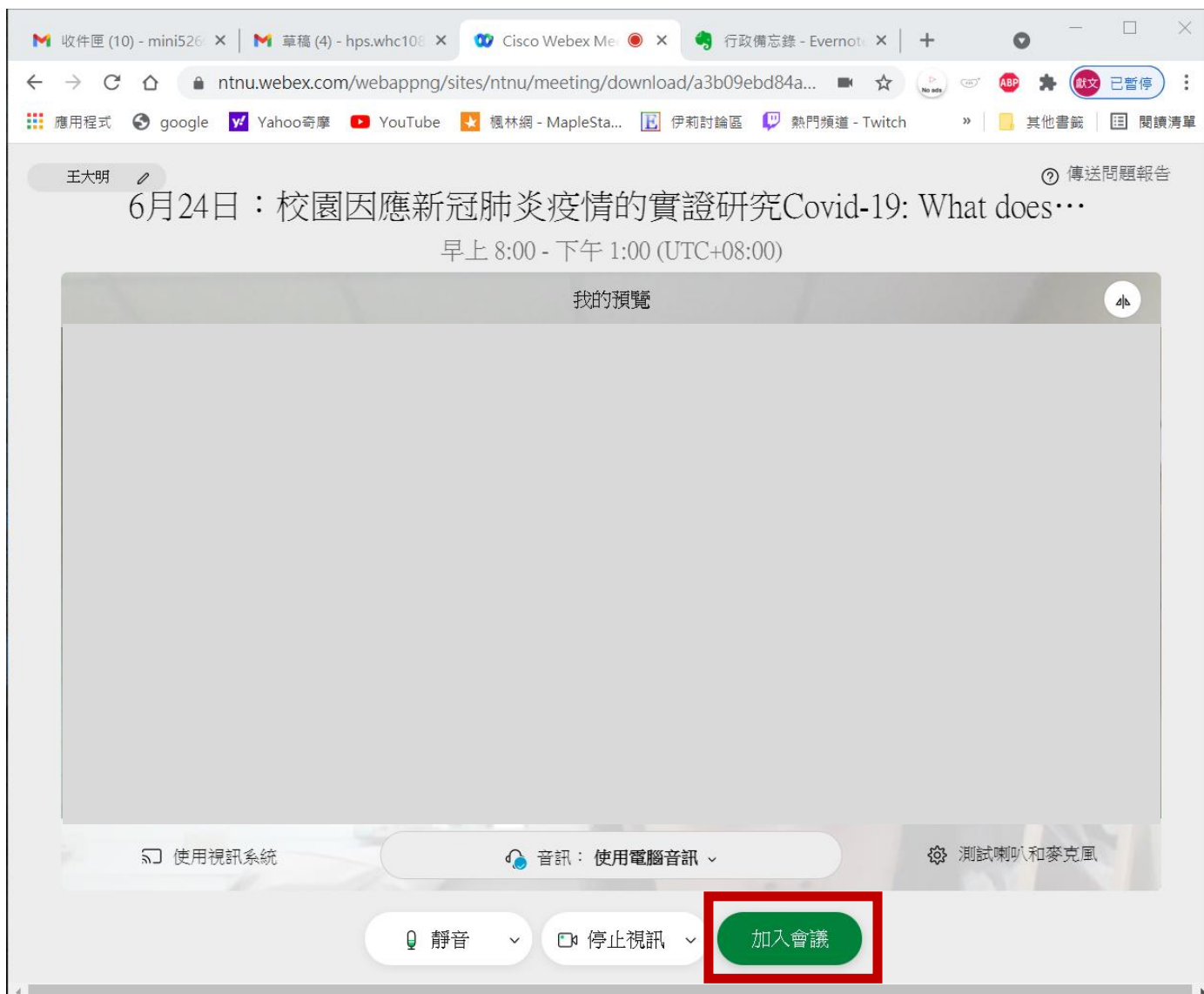
 

#### ■ Step.4 允許麥克風與相機使用權限 (無出現此畫面之電腦請跳過)





## ■ Step.5 點選加入會議即可加入



The screenshot shows a web browser window with the Cisco Webex meeting interface. The browser tabs include '收件匣 (10) - mini526', '草稿 (4) - hps.whc108', 'Cisco Webex Me...', and '行政備忘錄 - Evernot'. The address bar shows the URL 'ntnu.webex.com/webappng/sites/ntnu/meeting/download/a3b09ebd84a...'. The page title is '6月24日：校園因應新冠肺炎疫情的實證研究Covid-19: What does...'. The meeting time is '早上 8:00 - 下午 1:00 (UTC+08:00)'. The main content area is a large grey rectangle labeled '我的預覽' (My Preview). Below the preview area, there are several controls: '使用視訊系統' (Use Video System), '音訊：使用電腦音訊' (Audio: Use Computer Audio), and '測試喇叭和麥克風' (Test Speaker and Microphone). At the bottom, there are three buttons: '靜音' (Mute), '停止視訊' (Stop Video), and '加入會議' (Join Meeting). The '加入會議' button is highlighted with a red rectangular box.